

FACE

Pro-Definition Lift & Contour Facial

Duration 1 hour, £60.00

Powered by breaking through technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids and firming plant actives. Powerful lifting techniques target sagging jowls, cheeks, chin and neck, whilst helping reduce puffiness and fluid retention associated with sagging skin. 96% of women stated that their facial contours appeared firmed, lifted and shaped. 90% of women stated that the sagging on their cheeks and neck was visibly improved. 82% of women stated that they would delay facial surgery and/or Botox following a course of facials. Recommended: 1 treatment every 3 weeks. Course of 6

Superfood Pro-Radiance Facial

Duration 1 hour 15 minutes, £60.00

The perfect pre-occasion treatment. Moisturisation levels are clinically proven to increase by up to 61% and elasticity by up to 40% after just one treatment. Specialised micro-circulatory massage, combined with a two-phase amino active mask, helps smooth, firm, plump and restore radiance. Recommended: 1 treatment every 4 weeks

Pro-Collagen Age Defy Facial

Duration 1 hour 15 minutes, £60.00

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment. The power of Padina Pavonica is accelerated by the electrical energy of precious minerals Quartz, Tourmaline, Rhodochrosite and Malachite to re-energise cell communication, whilst Laminara Digitata and Red Coral optimise cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance. Recommended: 1 treatment every 3 weeks. Course of 6.

Dynamic Resurfacing Precision Peel

Duration 1 hour, £60.00

This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface and increase skin smoothness after just one treatment, this unique facial targets blemishes, uneven skin tone, superficial scarring and fine lines, revealing younger looking skin. Using three enzyme serums, skin is left clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion. Recommended: 1 treatment every 3 weeks. Course of 6.

BODY

Deep Tissue Muscle Massage

Duration 1 hour, £60.00

Deep rhythmic pressure massage. Alleviate high stress levels, ease aching muscles and revive the senses with this powerful deep tissue massage. Dynamic blends of essential oils and the level of pressure used are customised to target individual needs. Helps relax, recharge and re-energise, whilst tension melts away.

Deep Tissue Back Massage

Duration 30 minutes, £40.00

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas where you need it most.

Tranquillity Scalp Massage

Duration 30 minutes, £40.00

Drift into deep relaxation with this sublimely calming massage. All traces of tension are gently eased from scalp, neck and shoulders, and soothing essential oils enhance the calming experience.

Exotic Lime and Ginger Salt Scrub

Duration 30 minutes, £40.00

Invigorating deep cleanse. Feel your senses lifted and your body invigorated by the sublime exotic lime and ginger salt glow infused with skin enriching Japanese camellia oil blend. After light body brushing, warm oil is drizzled luxuriously over the body. Skin is deeply cleansed, leaving it silky-smooth and glowing.

Garden of England Rose Restore

Duration 1 hour, £65.00

Duration 1 hour 30, £95.00

Take a walk in an English rose garden with this lavishly hydrating body massage & body dusting. The unique trio of Rose, Camellia and Poppy seed oils leaves the skin exquisitely moisturised, intensely supple and delicately scented.

SIGNATURE

Coastal Calm

Duration 40 minutes, £45.00

Enjoy a relaxing 20 minute back, neck and shoulder massage, followed by a 20 minute revitalising facial. This introductory treatment has been especially designed to put you at ease with the relaxing ambiance at Polurrian Bay.

WAXING

Full Leg

Duration 45 minutes, £30.00

Half Leg

Duration 30 minutes, £25.00

Eyebrow

Duration 15 minutes, £15.00

Lip or Chin

Duration 15 minutes, £15.00

Underarm

Duration 15 minutes, £15.00

NAILS

Jessica Manicure & Pedicure

File & Paint, £22.00

Manicure

45 minutes, £35.00

Cut, file, cuticle work, massage & paint

Deluxe Manicure

60 minutes, £53.00

Cut, file, cuticle work, hot mitts, massage & paint

Pedicure

45 minutes, £38.00

Cut, file, cuticle work, massage & paint

Deluxe Pedicure

60 minutes, £42.00

Cut, file, cuticle work, hot booties, massage & paint

EYE CARE

Eyelash Tint*

Duration 20 minutes, £15.00

Eyebrow Tint*

Duration 15 minutes, £15.00

Eyebrow Shape & Tint*

Duration 25 minutes, £20.00

*Please note a patch test is required at least 24hours prior to tinting

