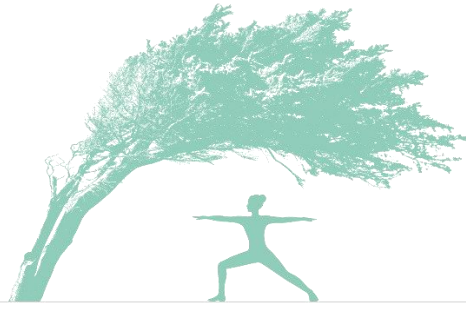


POLURRIAN SPA DAYS



<p>Pamper Party £18 per person Age 10 - 16yrs (minimum of six people). This offer includes:</p> <ul style="list-style-type: none"> • 15-minute treatment; file & polish or express Elemis facial • Mocktail masterclass of two mocktails • Bowl of chips • Use of health club facilities; indoor heated pool & hot tub • Towel provided 	<p>Taster Spa Day £29 per person This offer includes:</p> <ul style="list-style-type: none"> • 20-minute treatment; back, neck & shoulder massage, Elemis express facial or scalp massage • Cream tea • Use of health club facilities; indoor heated pool, hot tub & gym • Towels, robes and slippers
<p>Spring Spa Day £40 per person This offer includes:</p> <ul style="list-style-type: none"> • 25-minute treatment of your choice: back, neck and shoulder massage, express Elemis facial, scalp massage or express Jessica pedicure • Afternoon tea • Use of health Club facilities; indoor heated pool, hot tub & gym • Towel, robes & slippers 	<p>Cocktail Master Class £40 per person (minimum of four people) This offer includes:</p> <ul style="list-style-type: none"> • 20-minute treatment; back, neck & shoulder massage, Elemis express facial, or scalp massage • Cocktail masterclass of two cocktails • Cream tea • Use of health club facilities; indoor heated pool, hot tub & gym • Towels, robes and slippers
<p>Saturday Yoga Retreat £60 per person (minimum of two people) This retreat includes:</p> <ul style="list-style-type: none"> • 1-hour yoga session with Becky from 9.30am • 25-minute tailored massage • £15 towards lunch • Complimentary hot drinks in our relaxation room • Use of health club facilities; indoor heated pool, hot tub & gym • Towels, robes and slippers 	<p>Coastal Bliss £90 per person This offer includes:</p> <ul style="list-style-type: none"> • 60-minute full body massage • 30-minute Elemis express facial • Afternoon tea or £15 towards lunch • Use of health club facilities; indoor heated pool, hot tub & gym • Towels, robes and slippers

