



# BREAKFAST MENU

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## **Breakfast is served from 7.30 to 10am**

Start with a tea or coffee & toast with fruit juice, orange, apple or cranberry

### *Continental*

**Please choose anything from our buffet...**

**Cereals:** Granola, Muesli, Rice Krispies, Cornflakes, Coco Pops, fruit and seeds mix, Weetabix

Fresh Fruit selection

Natural yoghurt or fruit yoghurt with honey or fruit compote

Croissant & Danish selection

### *From the kitchen*

**Next, please choose one cooked option to finish your breakfast...**

Porridge with honey or fruit compote

#### **Full English breakfast**

Bacon, sausage, hogs' pudding, field mushroom, your choice of eggs, tomato, & baked beans

#### **Full Vegan breakfast**

Tofu, vegan sausage, sautéed new potatoes, tomato, mushroom, baked beans, spinach & avocado

**Poached egg** & avocado on toasted sourdough, dried chilli sprinkle

**Smoked salmon** & dill cream cheese on a muffin with lemon

**Eggs Benedict**, Eggs Royale, or Eggs Florentine

**Kippers** & garlic butter with lemon

**Baked beans** on toasted sourdough

**Waffles** - Honey, berries & cinnamon sugar or caramelised banana, clotted cream & Nutella

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   @PolurrianOnTheLizard #PolurrianKitchen

*If you are concerned about any food allergies or intolerances, please speak to any member of the team, who will be delighted to assist.*

*All prices are inclusive of VAT at the time of service.*

*Discretionary gratuity of 10% is added to the total bill and divided fairly between the staff and independently from the business.*

**V=VEGAN, VG=VEGETARIAN, GF=GLUTEN FREE, DF=DAIRY-FREE**